

# TORINO NIZZA

LUN./VEN. 6/24 - SAB./DOM. 9/20

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ
SALA 1	SALA 1	SALA 1	SALA 1	SALA 1
09:30 TOTAL BODY		09:30 PILATES		09:30 PILATES
13:00 GRIT CXWORX	13:00 PILATES	13:00 LES MILLS BODYATTACK	13:00 GRIT CXWORX	13:00 LES MILLS BODYCOMBAT
18:00 LES MILLS BODYPUMP	17:30 PILATES	18:00 LES MILLS SH'BAM	18:30 LES MILLS BODYSTEP	18:00 GRIT CXWORX
19:00 LES MILLS BODYATTACK	18:30 LES MILLS BODYSTEP	19:00 LES MILLS BODYATTACK	19:30 PILATES	19:00 LES MILLS BODYCOMBAT
20:00 LES MILLS BODYATTACK	19:30 LES MILLS BODYPUMP	20:00 GRIT CXWORX		